

Towns in Yorkshire and the Humber with Fairtrade status

Town	Date achieved
Baildon	08/09/2005
Bingley	01/06/2006
Bradford	06/02/2006
Cherry Burton	22/07/2003
Doncaster	05/03/2004
Harrogate	20/07/2006
Haworth	22/11/2002
Hebden Bridge	06/08/2003
Holme Valley	10/06/2006
Hornsea	22/06/2006
Ilkley	14/07/2006
Kingston-upon-Hull	18/03/2005
Leeds	05/03/2004
Mirfield	05/07/2005
Northallerton	11/11/2005
Otley	08/12/2006
Rotherham	25/05/2006
Shipley	02/08/2005
York	05/03/2004

The Fairtrade Mark can be found on products from more than one hundred companies. It is unique because it guarantees farmers in developing countries a fair price for their product which covers their costs and, as the price is stable, allows them to plan for the future. Buying these products changes the lives of millions of people worldwide and shows how trade can be made to work in favour of poor people and the environment by guaranteeing that the farmers get a fair and secure price for their product or crop and the chance to work towards a better future.

**Fairtrade Fortnight is
26th February to 11th March.**



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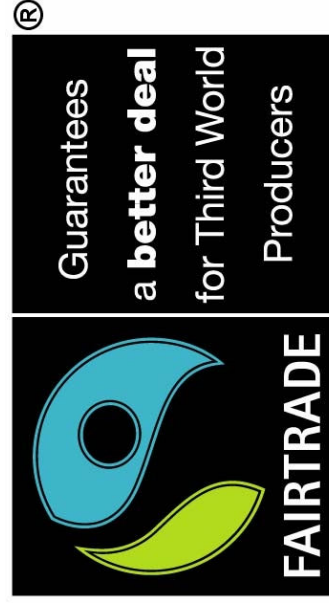
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Make International Women's Day a Fairtrade day

Linda McAvan's
Fair Trade Diary



**Munch it! Wear it!
Brew it! Choose it!**



Breakfast

Why not start the day with fresh orange juice, (Traidcraft's Fruit Passion Orange is made from oranges grown in Cuba) a cup of Fairtrade coffee or tea and Fairtrade muesli made with Fairtrade certified sultanas and raisins? The muesli is available from Holland and Barratt, Coop and from Traidcraft.

Fairtrade sugar, jam, honey and marmalade are available at most supermarkets and by mail order from Traidcraft (www.traidcraftshop.co.uk or 0870 443 1018).



Mid morning

Get a little hungry midmorning? You could try a fairly-traded banana and cup of tea. Buy Clipper tea or Traidcraft Fairtrade teabags at the supermarket. Traidcraft has a full range of teas and coffees including Earl Grey and herbal teas and decaffeinated instant and organic coffee beans.

Why not try to get your place of work to use Fairtrade products too?

Fair trade bananas are available in most supermarkets now. In Columbia a group of over one hundred banana farmers have set up an environmental protection programme that includes reforestation a community rubbish collection service and a plastic waste recycling programme.

Shopping

There are more Fairtrade products that you might think... Flowers from Finlay Flowers, a certified Fairtrade farm, are available in store from Tesco, Asda, Sainsbury and Morrison.

Fairtrade footballs and rugby balls are available from The Natural Collection (www.naturalcollection.com).

Mid afternoon

Enjoy a glass of Gerber apple juice. Fairtrade of course! The apples come from empowerment farm projects in South Africa. Or try a Geo bar, a snack available in chocolate, apricot and cranberry flavours from Traidcraft

Evening meal

Why not try some recipes from a Fairtrade Cookbook? Take a look at 'A Fair Feast' containing 70 celebrity recipes for a fairer world. Try a rice or pasta dish! Crazy Jack fair trade basmati rice grown by smallholders in the foothills of the Himalayas in Northern India can be found in the organic sections of Tesco supermarkets. Traidcraft also sell Fairtrade rice and Fusilli and Penne pasta.

Then spoil yourself with a scoop of Ben and Jerry's Fair trade Vanilla ice cream!

Leisure time

There are over 100 Fairtrade wines from Argentina, Chile and South Africa available in the UK. Most supermarkets and large department stores with a drinks department stock them.

Why not relax with a glass of Argentinean Wine from Coop together with a snack of Waitrose Organic Fair trade chocolate with broken hazelnuts?

The Divine Fairtrade chocolate range is available widely and includes white chocolate.

Before bed perhaps a cup of cocoa, try Traidcraft Organic Cocoa powder from the Dominican Republic.

All fairtrade of course!

